Marlene George Presents

Mother and Me

C*reating* — In this introductory work-shop, Marlene explores the variations of the most primal relationship between human beings: mother/child/mother. Regardless of the quality of the relationship you have with your mother or you have with your children, this inspirational and interactive workshop will shed light on how the quality of that relationship can always improve using the techniques learned in this class.

Marlene's Interactive Methods:
• A brief discussion of the principles
• Anecdotal stories
• Questions and Answers
• Sharing
• Guided Image Visualization

C*ommunicating* — The creative process continues as Marlene guides you through the fundamental principles of clear and effective communication particularly in this often emotionally charged association. Apply these principles to all of your communications, relationships, and particularly to any carrying baggage from the past. You will learn how to enjoy the bond between you and another person, particularly as a mother or with your own mother, or your mother-in-law. Enhance every relationship with clarity of purpose, understanding of intent, and positive emotion which you will be able to communicate more effectively after taking this workshop.

Sign up now for this informative, inspirational, interactive workshop on *Motherhood, The Basis of the Basic Relationship*
$20.00 advanced order or $30.00 at the door
Call Marlene at: 905-796-0101
            Toll Free: 1-866-457-5368
Email Marlene at: marlene@marlenegeorge.com

C*aring* — Caring for and about each other is the basis for any good relationship, and is always present in the mother/child/mother paradigm whether it's obvious, or not. Whether your mother was a "good" mother, a "bad" mother, or an "absent" mother, the element of caring is always present. Even if it's expressed in feelings of guilt because you don't think you care about each other. Marlene examines the dynamics of abuse and abandonment, and nurturing and loving from an entirely new perspective. If this third element is missing in your primary relationship, learn how to restore it for your own benefit, your children's benefit, as well as your mother's.

MARLENE GEORGE started getting into alternative health in 1987, through a desire to heal some of the issues from her past. She explored various forms of alternative health, becoming trained in the hands-on methods of Therapeutic Touch™, CranioSacral Therapy, Reiki and other transformational forms of therapy such as breath, anger, stress and deliberate creation workshops.

For the past seventeen years she has operated a full-time practice in her home in Brampton. She teaches workshops, does private consultations and healing in Ontario, South Africa, Mexico and the United States. She has had many radio and TV interviews. Her methods encourage the student to discover his/her truth and she provides a safe, comfortable space to facilitate this process. Her skills, compassion, understanding has enriched many lives. What inspires her most is her vision to share her work with those who are on a continuous quest to become all that they desire and to make their dream a reality.

Marlene's recent books, *Loving Mother ... NO MATTER WHAT!* and *Your Life is Now!* as well as the companion CD for the *Loving Mother ... NO MATTER WHAT!* and Marlene's CD recording *Celebrating Birth* and of her Visualizations — *Health*, *Happiness*, and *Harmony*, are available at **www.marlenegeorge.com** or contact Marlene at:

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Mother
and Me

An Interactive Workshop

Creating

Communicating

Caring