

# “Celebrating Death”

## A New Perspective on the Process.

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Introducing “*Celebrating Death: Learning to Let Go*” is a new perspective on the grieving process. Death and dying are two subjects people tend to avoid, joke about, or deny. However, when the passing of a loved one impacts your life, avoidance is impossible.

In the CD “*Celebrating Death: Learning to Let Go*” (see enclosure), international speaker and author, **Marlene George**, health and wellness coach, applies her positive wellness approach to comforting grieving loved ones. Recovery takes time; and grief causes pain to those left behind.

We have choices in our grieving process. By focusing on the corollary feelings associated with the passing of a loved one, abandonment and anger; we are sometimes able to avoid the extreme sorrow and despair associated with death and the inevitability of our own mortality.

“Celebrating Death” alleviates some of the suffering in the grieving process by providing the listener with a new perspective on their loss.

We all agree that our loved one has transitioned to a better place, leaving us behind to cope with **our** loss.

- We are feeling the pain, they are free from pain.
- We are despairing, they are filled with peace.
- We are abandoned; they are surrounded by other loved ones who have gone before.

Request your copy of “Celebrating Death” from: *Marlene George*

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